

North Hennepin Community College

EXSC 1230: Basketball

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course provides instruction and practice in skills of basketball through drills and game play. Rules, terminology, and strategy are included.

B. COURSE EFFECTIVE DATES: 08/01/2015 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Course content may include, but is not limited to:
 - drills and game play
 - game strategies and fair play
 - effective verbal skills for successful game play
 - offensive and defensive set ups used in basketball
 - successful defense and offense strategies

D. LEARNING OUTCOMES (General)

1. Course outcomes depend on the individual students participation in class and its activities. Students who consistently work for improvement should:
 - Demonstrate knowledge of the history and development of basketball. (MnTC Goal 2, comp. c; NHCC ELO 1)
2. Learn, practice, develop, improve, and be able to apply the basic skills of basketball. (MnTC Goal 2, comp. a; Dept. Goals 5, 1; NHCC ELOs 1, 2, 3)
3. Understand the game, rules, and scoring. (MnTC Goal 2, comp. a; Dept. Goal 1; NHCC ELOs 1, 2, 3)
4. Understand and be able to apply and execute the strategies of the game. (MnTC Goal 2, comp. b; Dept. Goal 6; NHCC ELOs 1, 2, 3)

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

1. Knowledge of Human Cultures and the Physical and Natural World--Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills--Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement--Including: Civic knowledge and involvement--campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.