

North Hennepin Community College

EXSC 1140: Recreational Games

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

The purpose of this course is to enable students to develop knowledge and skills in recreational activities and maintain or improve health-related fitness. Students will be introduced to various activities and games of a recreational nature.

B. COURSE EFFECTIVE DATES: 08/01/2015 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

1. Students will comprehend the rules, strategies, history and terminology involved with various recreational games (NHCC ELO 1,2,3).
2. Through participation students will demonstrate the skills, strategies, scoring, and etiquette associated with the various games played throughout class (NHCC ELO 1,2,3).
3. Through daily participation, students will exhibit sportsmanship and teamwork (NHCC ELO 1,2,3).

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted