

North Hennepin Community College

HLTH 1100: Responding to Emergencies: First Aid

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: *.*

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to provide students with basic First Aid. Students will learn basic knowledge of body functions, skills, and techniques to correctly and appropriately manage emergency care. At the close of the semester, a successful student will receive the current certification for community CPR, AED, and First Aid.

B. COURSE EFFECTIVE DATES: 08/26/2004 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Academic Content:
 - A description of healthy lifestyles of a citizen responder
 - Body Systems
 - Primary and Secondary Surveys in Emergencies
 - Respiratory emergencies
 - Bleeding and Shock Emergencies
 - Injuries of wounds, burns and muscular and skeletal types
 - Substance abuse emergencies
 - Heat and Cold Exposure
 - Rescue Moves

D. LEARNING OUTCOMES (General)

1. Recognize the responsibilities and obligations of an emergency responder (NHCC ELOs 1, 3).
2. Understand and be able to appropriately apply First Aid for various physiological injuries (NHCC ELOs 1, 2, 3).
3. Accurately describe and perform rescue procedures (NHCC ELOs 1, 2, 3, 4).
4. Implement appropriate protocol to communicate with victims, by-standers, and emergency rescue personnel (NHCC ELOs 2, 3, 4).

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

1. Knowledge of Human Cultures and the Physical and Natural World--Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills--Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement--Including: Civic knowledge and involvement--campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.
4. Integrative and Applied Learning--Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.