

North Hennepin Community College

HLTH 1080: Consumer Health

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: *.*

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course examines current consumer health issues in society. Class content will include the examination of health care products, the food and drug industry, and our ability to create a safe living environment. This course will also include plans of action that we, as a society, can take to become better health consumers.

B. COURSE EFFECTIVE DATES: 08/26/2004 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Elderly Care, Quackery, Generic Drugs and Supplements, Advertising, Protection Agencies, and the Current Health Care Systems. An important aspect of this class will be how to evaluate health information, by sharpening our critical thinking skills, and evaluating and synthesizing current health research.

D. LEARNING OUTCOMES (General)

1. Examine the various Health Care Systems (NHCC ELOs 1, 2).
2. Recognize quackery in advertising techniques (NHCC ELOs 1, 2, 3).
3. Sharpen critical thinking skills in evaluating and synthesizing current health research (NHCC ELOs 1, 2)
4. Compare and contrast brand name drugs and supplements to generic (NHCC ELOs 1, 2).
5. Examine the various Protection Agencies and what they do to protect us as a society from birth to death (NHCC ELOs 1, 2, 3, 4).

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

1. Knowledge of Human Cultures and the Physical and Natural World--Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills--Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement--Including: Civic knowledge and involvement--campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.
4. Integrative and Applied Learning--Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.