

North Hennepin Community College

HLTH 1060: Drugs and Health

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: *.*

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course examines how drugs will relate with and affect holistic health, with a focus on the physiological, sociological and psychological effects these drugs may have on an individual and their relationships. The emphasis of this course is on the basic tools and information needed to understand and interact with individuals who may have problems with chemicals. It is designed to provide current information regarding the various drugs in society today.

B. COURSE EFFECTIVE DATES: 08/26/2004 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Course content will include but is not limited to the following topics:
Drug Use, Addiction, Alcohol, Tobacco, Caffeine, Stimulants, Opiates, Hallucinogens, Depressants, Marijuana, Over The Counter Drugs, Psychotherapeutic Drugs, Drug Regulations, Drug Treatment, Physiological/Psychological Effects of Drugs

D. LEARNING OUTCOMES (General)

1. Examine why individuals begin to use drugs and what factors statistically cause continued use. (MnTC Goal 2; Comps. a, c, d; NHCC ELOs 1, 2)
2. Relate the current scientific information concerning the relationship of drug use on an individual's psychological, physiological and sociological dimensions of well-being and potential for community contribution. (MnTC Goal 9 Comps. b, c) MnTC Goal 2 Comps. a, b, c, d; NHCC ELOs 1, 2, 4)
3. Compile a list of alternatives to unhealthy drug use. They will compare, contrast and analyze the application of those results to the current political drug initiatives. (MnTC Goal 2 Comps. a, b, c, d,) (MnTC Goal 9; Comps. c, d, e; NHCC ELOs 1, 2, 3, 4)
4. Identify and discuss the history and background of the common drugs used in society today. (MnTC Goal 9 Comps. a, b, c, d} (MnTC Goal 2 Comps. a, b, c, d; NHCC ELO 1)
5. Appraise and discuss the legal ramifications of current drug laws and penalties and their effects on society. (MnTC Goal 9 Comps. a, b, c, d, e) (MnTC Goal 2 Comps. a, b, d; NHCC ELOs 1, 2, 3)
6. Assess the community efforts/programs regarding addiction treatment and examine their values and beliefs compared to their observations. (MnTC Goal 2 Comps. a, b, c, d) (MnTC Goal 9 Comps. a, e; NHCC ELOs 1, 3, 4)
7. Develop a framework for ethical decision making that have a political and social impact on their lives that allows them to take action as an informed citizen. (MnTC Goal 2 Comps. a, b, c, d) (MnTC Goal 9 Comps. a, b, c, d, e; NHCC ELO 3)

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

1. Knowledge of Human Cultures and the Physical and Natural World--Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills--Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement--Including: Civic knowledge and involvement--campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.
4. Integrative and Applied Learning--Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.