

Minnesota State University Moorhead

NURS 280: Chronic & Palliative Care

A. COURSE DESCRIPTION

Credits: 7

Lecture Hours/Week: 3

Lab Hours/Week: 1

OJT Hours/Week: *.*

Prerequisites:

This course requires either of these prerequisite categories

1. NURS 270 - Health Promotion & the Role of the Professional Nurse

Or

2. Both of these

NURS 272 - Transition to the Role of the Professional Nurse

NURS 275 - Nutrition & the Role of the Professional Nurse

Corequisites: None

MnTC Goals: None

This course focuses on the nursing care of clients experiencing chronic illness and/or end of life. Emphasis is placed on understanding the "lived experience" of clients and families. Ethical issues related to advocacy, self-determination, and autonomy are explored. Evidence-based practice is used to support appropriate focused assessments and management of care of clients experiencing concurrent illnesses/comorbidities.

B. COURSE EFFECTIVE DATES: 01/08/2020 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Attributes and Roles of a Nurse
 - i. Professionalism
 - ii. Clinical Decision-Making & Judgement
 - iii. Ethics
 - iv. Leadership
 - v. Self-care
 - vi. Life-long learning
 - vii. Social Justice
2. Care Competencies
 - i. Holistic Nursing Process
 - ii. Therapeutic & Professional Communication
 - iii. Collaboration
 - iv. Quality & Safety
 - v. Technology & Informatics
 - vi. Teaching & Learning
3. Healthcare Delivery
 - i. Care Coordination
 - ii. Evidence-based Practice
 - iii. Health Care Infrastructure
4. Physiological Homeostasis & Regulation
 - i. Fluid & Electrolyte Balance
 - ii. Cellular Regulation
 - iii. Intracranial Regulation
 - iv. Metabolism
 - v. Elimination
 - vi. Oxygenation
 - vii. Perfusion
5. Protection and Movement
 - i. Tissue Integrity
 - ii. Sensory Perception
 - iii. Comfort
 - iv. Mobility
6. Psychosocial Homeostasis & Regulation
 - i. Family Dynamics
 - ii. Spirituality
 - iii. Motivation
 - iv. Adherence
 - v. Cognitive Function
7. Behavioral Resilience
 - i. Coping/Stress/Adaptation
 - ii. Grief & Loss
 - iii. Vulnerability
8. Determinants of Health
 - i. Functional Ability
 - ii. Genetics
 - iii. Nutrition
 - iv. Environment
 - v. Culture
 - vi. Individual Behaviors
 - vii. Social & Economic Factors

D. LEARNING OUTCOMES (General)

1. Incorporate the knowledge and methods of a variety of disciplines to inform decision-making in the care of the chronically ill client.
2. Promote achievement of safe and quality outcomes of care for individuals and families experiencing chronic illness and end of life issues.
3. Utilize evidence, clinical judgment, inter-professional perspectives and client preferences in planning, implementing and evaluating outcomes of care.
4. Recognize the role of information technology in improving client care outcomes and creating a safe care environment.
5. Discuss trends in healthcare as they relate to issues of access, equity, affordability and social justice.
6. Provide quality and safe client care as a member of the inter-professional team.
7. Utilize clinical judgment and decision making skills while providing care to promote optimal health for clients experiencing chronic illness.
8. Explore one's own beliefs and values as they relate to caring for clients experiencing chronic illness and end of life issues.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted