

Minnesota State University Moorhead

UNIV 131: Career/Life Planning

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is intended to help students assess their values, interests, skills, and temperament and relate them to career choices. Through self-assessment and career information research, the student will be able to identify a broad base of career options and describe a variety of career goals. Students will acquire tools with which to make decisions and plans regarding major and future career choice.

B. COURSE EFFECTIVE DATES: 02/17/2013 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

1. Apply decision-making and goal-setting strategies to develop a plan to explore potential major(s).
2. Identify potential career options through self-assessment and research.
3. Identify strategies to assess their values, skills, interests and personality preferences.
4. Utilize resources to research majors and careers.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted