

# Minnesota State University Moorhead

## PSY 465: Clinical Psychology

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites:

This course requires either of these prerequisite categories

1. PSY 261 - Personality

Or

2. PSY 463 - Abnormal Psychology

Corequisites: None

MnTC Goals: None

Discussion of techniques of psychotherapy, crisis intervention, interviewing, clinical assessment and prevention of disorder. Emphasis on psychotherapy as a process of understanding. Students must have earned nine credits in psychology courses and junior standing or have the consent of the instructor.

**B. COURSE EFFECTIVE DATES:** 06/01/1995 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Discussion of professional roles in the helping profession: past, present and future.
2. Evaluating the changing practice model and implications for training.
3. Psychologist self-care: What it is and how it's done.
4. Three theory based approaches to psychotherapy and the role of the therapist in each.
5. Medication in the treatment of psychopathology
6. Discussion of the effectiveness of therapy and evidenced based treatments.
7. The role of the therapist and the importance of therapist variables in effective care.
8. Basics of interviewing: Skills, mental status and intake.
9. Psychological assessment and testing
10. Exploration of professional roles and what role calls to you.

### D. LEARNING OUTCOMES (General)

1. Understand the use of theory and the nature of the practice of clinical psychology.
2. Develop an introductory understanding of psychological assessment through the use of interviews and psychological tests.
3. Learn about, and develop the ability to use, a clinical attitude.
4. Develop a working knowledge of how clinicians use theory to formulate a case.
5. Develop knowledge of, and the ability to use, effective listening and speaking skills.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted