PSY 3688: American Indian Psychology

A. COURSE DESCRIPTION

Credits: 4
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course will provide an overview of the psychology of American Indians: Indigenous people hold a unique place in North America history and continue to live in a settler-colonial society. However, they are often misrepresented and misunderstood in contemporary society. This course will explore an Indigenous psychological perspective as it relates to topics such as epistemology, research methodologies, identity development, colonialism and oppression, historical/intergenerational trauma, health and wellness, and resistance and resilience. Furthermore, we will examine strength-based cultural approaches to wellness and healing in American Indian communities. [Nisidotaading Course Requirement]

B. COURSE EFFECTIVE DATES: 08/01/2024 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Native Ways of Knowing
2. Indigenous Research Methodologies
3. Identity Development
4. Intergenerational Trauma and Contemporary Oppression
5. Health and Wellness
6. Cultural Appropriate Healing Practices

D. LEARNING OUTCOMES (General)

1. identify the major Indigenous groups in our region along with basic demographics.
2. contrast Western Science and Indigenous Research Methodologies.
3. discuss the values, beliefs, and practices that comprise various Indigenous cultures and worldviews.
4. describe the process and content of Indigenous identity development at the intersection of multiple identities and unique experiences that can come from these intersectional identities.
5. analyze the impact of colonialism and racism on Indigenous peoples.
6. critically assess how historical and contemporary contexts impact health and wellness in Indigenous communities.
7. evaluate various cultural approaches to prevention and treatment of behavioral and mental health and wellness in Indigenous communities.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None
F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted