Bemidji State University

PSY 4467: Personality Theories

A. COURSE DESCRIPTION

Credits: 4
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

Personality psychology is the area of psychology that studies individuals' characteristic patterns of thought, emotion, and behavior, and their underlying psychological mechanisms. This course serves as an introduction to the major theories of personality in psychology. We will discuss the major theories, the people and environments that created them, and critically discuss their strengths and limitations. In addition to learning relevant content, you will practice your skills in literature review and technical writing. PSY 1100, PSY 2217, PSY 3401, and PSY 3402, or consent of instructor.

B. COURSE EFFECTIVE DATES: 08/01/2024 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Adler
2. Allport
3. Bandura
4. Behaviorist Theories
5. Biological & Evolutionary Theories
6. Cattell
7. Cognitive Theories
8. Erikson
9. Eysenck / McCrae & Costa
10. Good Theory
11. Horney
12. Introduction/Defining Personality
13. Jung
14. Kohut
15. Lemon Drop Test & Jungian Typology Test
16. May
17. Mischel & Shoda
18. Research Methodology
19. Rogers
20. Rotter
21. Skinner
22. Social Cognitive Theories
23. Trait Theories
24. Watson

D. LEARNING OUTCOMES (General)
1. discuss the role of research in theory development.
2. list and describe the major theoretical perspectives on personality.
3. conduct an extensive literature review on a topic related to personality theory and to compile the results of their search into a professional paper.
4. apply theoretical perspectives when analyzing human personality.
5. describe the application of personality theory in clinical training, assessment, and practice.
6. critically evaluate a theory’s contribution to the scholarly literature.
7. discuss the influences of social, cultural, and biological influences on personality.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
None

F. LEARNER OUTCOMES ASSESSMENT
As noted on course syllabus

G. SPECIAL INFORMATION
None noted