Bemidji State University

SOWK 2130: Interpersonal Relations

A. COURSE DESCRIPTION

Credits: 3
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *. *
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course prepares students for the interpersonal relationship skills necessary for the effective use of self as a practitioner. Major course topics include building and maintaining relationships through emotional intelligence and compassionate communication; societal and interpersonal determinants of relationships including cultural, and positive personal identity; and needs and characteristics of healthy relationships and their impacts on professional relationships. Prerequisite: Admission to the Social Work program.

B. COURSE EFFECTIVE DATES: 08/11/2021 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Building and maintaining relationships
2. Emotional intelligence
3. Compassionate communication
4. Personality theory
5. Societal and interpersonal determinants of relationships
6. Cultural identity
7. Gender identity
8. Positive personal identity
9. Needs and characteristics of healthy relationships
10. Intimate partner violence
11. Empathy

D. LEARNING OUTCOMES (General)

1. demonstrate ethical and professional behavior.
2. engage in diversity and difference in practice.
3. engage with individuals, families, groups, organizations, and communities.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted