NRSG 3450: Holistic Nursing

A. COURSE DESCRIPTION

   Credits: 2
   Lecture Hours/Week: 0
   Lab Hours/Week: 0
   OJT Hours/Week: *
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None

   This course introduces the concepts of Holistic Nursing and The American Nurses Association: Scope and Standards of practice for Holistic Nursing. This course will focus on the topics necessary to be ready to apply to take the Holistic Nurse Certificate Examination. Prerequisite(s): Admitted to the major.

B. COURSE EFFECTIVE DATES: 08/11/2021 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

   1. Holistic philosophy, theories, and ethics
   2. Holistic caring process
   3. Holistic communication, therapeutic healing environment, and cultural diversity
   4. Holistic education and research
   5. Nurse self-reflection and self-care

D. LEARNING OUTCOMES (General)

   1. define holistic nursing.
   2. discuss the five core values of holistic nursing.
   3. describe healing at the body, mind, and spirit levels of human experience.
   4. identify ways to integrate complementary / alternative modalities (CAM) into individual nursing practice.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

   None

F. LEARNER OUTCOMES ASSESSMENT

   As noted on course syllabus

G. SPECIAL INFORMATION

   None noted