Bemidji State University

NRSG 3430: Health Promotion

A. COURSE DESCRIPTION

Credits: 2
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

The course applies the concepts of health promotion to nursing practice to enable the client to manage and improve health outcomes. While focusing on the methodology critical to developing a holistic plan of care for clients, students will learn the rationale and techniques for utilizing specific assessment tools, analysis of assessment data, selection of lifespan appropriate interventions, implementation of interventions, and measurement of resulting outcomes. Prerequisite(s): Admitted to the major.

B. COURSE EFFECTIVE DATES: 08/11/2021 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Health promotion overview
2. Influence on health promotion
3. Conducting a health promotion assessment
4. Health promotion planning
5. Evidence-based interventions
6. Health promotion planning
7. Constructing health promotion plans
8. Promoting a healthier society

D. LEARNING OUTCOMES (General)

1. analyze how client factors and community health models and theories influence individual and community health promotion.
2. develop a holistic health promotion plan using a health assessment tool to recommend evidence-based health promotion strategies.
3. develop a client-centered educational plan for health promotion across the lifespan.
4. assess the implementation factors of a health promotion intervention and develop an evaluation strategy.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted