Bemidji State University

SOWK 3330: Assessment and Treatment of Addictions

A. COURSE DESCRIPTION

Credits: 3
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *.*

Prerequisites: None
Corequisites: None
MnTC Goals: None

This course takes a student through the continuum of substance abuse treatment based on the 12 Core Functions and the 8 Practicing Principles of an addiction counselor. Students will be expected to practice and be evaluated on counseling skills, techniques, and intervention strategies used in the treatment process. For example: by participating in experiential classroom activities, role playing and/or completing skill-based small and large group assignments. Prerequisite: SOWK 2030 or consent of instructor.

B. COURSE EFFECTIVE DATES: 08/16/2021 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Biology of Addiction
2. Relapse Prevention
3. Co-occurring Disorders
4. Ethical Issues in Substance Abuse Counseling
5. Family Risks & Resiliencies
6. Substance Abuse Treatment Modalities
7. Substance and Behavior Addictions
8. Psychology of Addiction: Life Span
9. Social Aspects of Addiction
10. Theoretical Models

D. LEARNING OUTCOMES (General)

1. practice essential skills and techniques of the addiction professional in a variety of fields including healthcare, criminal justice and family counseling.
2. practice cultural humility, awareness and develop an understanding of their own personal biases in those inflicted with substance use disorders.
3. begin to practice the assessment and diagnosing process of substance use disorders and other non-substance use disorders.
4. begin to deliver effective treatment practices based on the 12 Core Functions and 8 Practice Dimensions of an addiction professional.
5. begin to develop and practice strengths-based approach interventions, client advocacy interventions, and address other social issues in the addictions field.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None
F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted