Bemidji State University

PHED 4972: Internship: Exercise Science

A. COURSE DESCRIPTION

   Credits: 2, 3, 4, 5, 6
   Lecture Hours/Week: 0
   Lab Hours/Week: 0
   OJT Hours/Week: *.*
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None

   This course is for the purpose of providing a supervised field internship experience in an exercise, fitness, and/or wellness-related setting, including hospitals, corporations, private fitness-facilities, and governmental agencies. Or, the internship may take the form of a special project or research on a topic relevant to exercise science. Prior approval must be obtained from the student's internship advisor. A journal, written paper, and/or oral presentation is to be presented following the learning experience. The student is expected to complete 30 hours per credit. Prerequisite(s): PHED 4160 and PHED 4170 or consent of instructor.

B. COURSE EFFECTIVE DATES: 08/23/2020 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

   1. Practical experience for applying knowledge and skills learned in the curriculum

D. LEARNING OUTCOMES (General)

   1. acquire practical field experience in areas related to exercise science and essential to chosen career.
   2. study an area of interest in more depth.
   3. develop their own objectives for the chosen internship including evaluation/documentation procedures.
   4. keep a log in which they will reflect on their knowledge, skills and abilities.
   5. document the internship using a portfolio.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

   None

F. LEARNER OUTCOMES ASSESSMENT

   As noted on course syllabus

G. SPECIAL INFORMATION

   None noted