Bemidji State University
INST 3740: Environment, Wellness & the Sacred Connection to Place

A. COURSE DESCRIPTION

Credits: 3
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *
Prerequisites: None
Corequisites: None
MnTC Goals: None

In Indigenous communities, there is a deep and lasting connection to place. Today, there exists overwhelming evidence that connection to place offers important elements for overall individual wellness. However, many communities face challenges in their environments that are detrimental to their health and well-being. To support these communities, there is a need to reconnect them with ways to restore the sustainability of their environment and connection to place. In this course, students will learn the critical connections between the environment and health and will explore the influences of connection to place within the context of Indigenous worldviews and ways of knowing. This is an experiential learning course -- learning through interaction, projects, and reflection.

B. COURSE EFFECTIVE DATES: 08/26/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

None

D. LEARNING OUTCOMES (General)

None

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted