Bemidji State University

PHED 4975: Internship: Human Performance

A. COURSE DESCRIPTION

Credits: 1,2,3  
Lecture Hours/Week: 0  
Lab Hours/Week: 0  
OJT Hours/Week: *.*  
Prerequisites: None  
Corequisites: None  
MnTC Goals: None

This course is for the purpose of providing a supervised field internship experience in an exercise, fitness, and/or wellness-related setting, including university or high school athletics, corporations, private fitness-facilities, governmental agencies. Internship setting is dependent on coursework taken within selected Required Option. Prior approval must be obtained from the student's internship advisor. A journal, written paper and/or oral presentation is to be presented following the learning experience. The student is expected to complete 30 hours per credit. Prerequisite(s): senior status or consent of instructor.

B. COURSE EFFECTIVE DATES:  08/20/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Practical experience for applying knowledge and skills learned in the curriculum

D. LEARNING OUTCOMES (General)

1. acquire practical field experience in areas related to Human Performance and to chosen career.  
2. gain in-depth knowledge in a human performance related area of interest.  
3. keep a log in which they will reflect on their knowledge, skills and abilities.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted