Bemidji State University

SOWK 3330: Substance and Behavior Addictions: Intervention and Prevention

A. COURSE DESCRIPTION

Credits: 3
Lecture Hours/Week: *.*
Lab Hours/Week: *.*
OJT Hours/Week: *.*

Prerequisites:
This course requires the following prerequisite
SOWK 2030 - Introduction to Substance and Behavior Addictions

Corequisites: None
MnTC Goals: None

Addresses the continuum of care in substance and behavior addictions (SBA). Attention given to the relationship between treatment planning and services provided. Covers ethical and legal considerations when working with SBA. Emphasis on issues related to practice sensitivity and responsiveness to culture, gender, and age. Skill development in the areas of assessment, counseling, and prevention is highlighted. Prerequisite: PSY 1100 and SOWK 2030, or consent of instructor.

B. COURSE EFFECTIVE DATES: 08/27/2018 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Biology of Addiction
2. CD Prevention
3. Co-occurring Disorders
4. Ethical Issues and CD Practice
5. Family Risks & Resiliencies
6. Motivational Interviewing & CBT
7. Nature of Addiction
8. Non-chemical Addictions
9. Psychology of Addiction: Life Span
10. Role of Relapse in Treatment
11. Social Aspects of Addiction
12. Theoretical Models
13. Working with Resistance
D. LEARNING OUTCOMES (General)
   1. understand and apply the strengths perspective in substance and behavior addictions (SBA) intervention and prevention.
   2. understand and apply best practice approaches in intervention and prevention of SBA.
   3. understand and apply the principles of ethical practice in SBA assessment and intervention.
   4. understand the role of policies in the development and implementation of SBA assessment, intervention, and prevention services.
   5. understand and apply the bio-psycho-social model to SBA intervention and prevention.
   6. understand and apply intervention approaches in relationship to cultural diversity, differing individual needs, and accessibility to intervention and prevention resources.
   7. understand and apply the roles of relapse and relapse prevention in SBA treatment planning, intervention, and aftercare.
   8. understand the role of family and other social systems in assessment, intervention, and prevention.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted