Bemidji State University

PHED 4250: Teaching Secondary Physical Education

A. COURSE DESCRIPTION

Credits: 2  
Lecture Hours/Week: 0  
Lab Hours/Week: 0  
OJT Hours/Week: *.*
Prerequisites: None  
Corequisites: None  
MnTC Goals: None
An online methods course designed specifically for physical education teacher licensure candidates in the FasTrack program. Students utilize national physical education standards, appropriate management protocols and pedagogical best practice to plan and deliver physical education lessons for students in grades 6-12. Students design learning and assessment activities that align with current national standards and learning outcomes.

B. COURSE EFFECTIVE DATES: 01/11/2016 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Knowledge of national physical education standards.

D. LEARNING OUTCOMES (General)

1. demonstrate knowledge of national physical education standards and the accompanying learning outcomes for students in grades 6-12. (Subp3-A-2)
2. create an assignment appropriate for HS students develop a plan for how they will engage in lifetime activity outside of PE class through research of community resources and organizations that support their plan. (Subp3-C-6; Subp3-C-7)
3. demonstrate knowledge of a sport/activity and appropriate teaching and management protocols to deliver a lesson that includes a focus on all domains of learning. (Subp3-B-6).
4. demonstrate knowledge of safety issues in the planning and implementation of instruction (i.e. organization and implementation of class protocols & routines) (Subp3-B-8).
5. demonstrate skill competency through delivery of an explanation/demonstration of key elements of selected game/sport/activity skills appropriate for middle school and high school students. (Subp3-A-2).
6. demonstrate the ability to design deliberate and progressive practice task sequences that promote learner expression, skill development and maximize practice opportunities in selected games/sports/activities. (Subp3-A-4)
7. demonstrate the ability to make appropriate choices in the selection and use of equipment in teaching middle school and high school physical education. (Subp3-B-7).
8. demonstrate the ability to plan lessons that includes learning activities and assessments aligned with learning outcomes guided by national physical education standards.
9. integrate national physical education standards & learning outcomes in teaching game/sport/activity skills appropriate for students in middle & high school physical education. (Subp3-A-2)
10. observe middle school & high school PE teachers, teach lesson segments, plan and implement a lesson for students in grades 6-12 and reflect on how national physical education standards, learning outcomes and standards of effective practice are implemented in the lesson delivered. (Subp3-C-9).
E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted