NRSG 4001: Mental Health Nursing

A. COURSE DESCRIPTION

Credits: 4
Lecture Hours/Week: *.*
Lab Hours/Week: *.*
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

Focuses on the psychodynamics of human behavior in relation to the mental health/mental illness spectrum and common lifespan concerns. In addition to assessment, nursing care management includes interventions such as psychopharmacologic approaches and therapeutic communication. Examines nursing and health care delivery resources that address mental health needs, especially those of people living in rural areas. Prerequisites: 4-year track enrollee and all 3000-level NRSG courses required for 4-year track.

B. COURSE EFFECTIVE DATES: 08/24/2015 - Present
C. OUTLINE OF MAJOR CONTENT AREAS
   1. Anxiety, Dissociative, and Somatoform Disorders
   2. Cognitive Impairment Disorders
   3. Common Clinical Behaviors
   4. Communication and Psychoeducation
   5. Community Violence
   6. Disorders of Children and Adolescents
   7. Eating Disorders
   8. Foundation of Mental Health Nursing
   9. Gender Identity and Sexual Disorders
  10. Illness Management and Recovery
  11. Interpersonal Violence
  12. Legal and Ethical Issues
  13. Medications
  14. Mental Disorders
  15. Mood Disorders
  16. Neurobehavioral Brain Disorders
  17. Neurobiology and Behavior
  18. Neuropsychiatric Problems
  19. Nursing Management of Problems Associated with Exposure to Natural Disasters and Terrorism
  20. Personality Disorders
  21. Schizophrenic Disorders
  22. Sexual Violence
  23. Substance-Related Disorders
  24. Suicide
  25. The Community in Mental Health Nursing
  26. The Family in Mental Health Nursing
  27. The Role of Cultural Diversity in Mental Health Nursing
  28. Treatment Decisions
  29. Violence

D. LEARNING OUTCOMES (General)
   1. analyze the psychodynamics of human behavior in relation to the mental health/mental illness
      spectrum and common lifespan concerns.
   2. examine nursing care management in terms of assessment, interventions such as
      psychopharmacologic approaches and therapeutic communication, and nursing and mental health
      care delivery resources, especially in the rural context.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted