

Bemidji State University

NRSG 4001: Mental Health Nursing

A. COURSE DESCRIPTION

Credits: 4

Lecture Hours/Week: *.*

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Focuses on the psychodynamics of human behavior in relation to the mental health/mental illness spectrum and common lifespan concerns. In addition to assessment, nursing care management includes interventions such as psychopharmacologic approaches and therapeutic communication. Examines nursing and health care delivery resources that address mental health needs, especially those of people living in rural areas. Prerequisites: 4-year track enrollee and all 3000-level NRSG courses required for 4-year track.

B. COURSE EFFECTIVE DATES: 08/24/2015 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Anxiety, Dissociative, and Somatoform Disorders
2. Cognitive Impairment Disorders
3. Common Clinical Behaviors
4. Communication and Psychoeducation
5. Community Violence
6. Disorders of Children and Adolescents
7. Eating Disorders
8. Foundation of Mental Health Nursing
9. Gender Identity and Sexual Disorders
10. Illness Management and Recovery
11. Interpersonal Violence
12. Legal and Ethical Issues
13. Medications
14. Mental Disorders
15. Mood Disorders
16. Neurobehavioral Brain Disorders
17. Neurobiology and Behavior
18. Neuropsychiatric Problems
19. Nursing Management of Problems Associated with Exposure to Natural Disasters and Terrorism
20. Personality Disorders
21. Schizophrenic Disorders
22. Sexual Violence
23. Substance-Related Disorders
24. Suicide
25. The Community in Mental Health Nursing
26. The Family in Mental Health Nursing
27. The Role of Cultural Diversity in Mental Health Nursing
28. Treatment Decisions
29. Violence

D. LEARNING OUTCOMES (General)

1. analyze the psychodynamics of human behavior in relation to the mental health/mental illness spectrum and common lifespan concerns.
2. examine nursing care management in terms of assessment, interventions such as psychopharmacologic approaches and therapeutic communication, and nursing and mental health care delivery resources, especially in the rural context.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted