A. COURSE DESCRIPTION

Credits: 2
Lecture Hours/Week: *.*
Lab Hours/Week: *.*
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

Examines nursing care needs common to individuals and families receiving palliative and end-of-life care. Emphasizes nursing practice representing a holistic, interdisciplinary, client-centered approach aimed at ameliorating suffering and supporting a peaceful death. Health care resources and issues related to the provision of palliative care are addressed. Prerequisites: 4-year track enrollee and all 3000-level NRSG courses required for 4-year track.

B. COURSE EFFECTIVE DATES: 08/24/2015 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Care at the Time of Death
2. Communication issues / Spiritual Care
3. End of life care:
   Holistic Team Approach
4. Introduction to Palliative Care
5. Legal & Ethical Issues in Palliative Care
6. Life-threatening diseases: CHF
7. Life-threatening diseases: Cancer
8. Loss, Grief, & Bereavement
9. Pain Management
10. Symptom Management:
    GI & Respiratory
11. Symptom Management:
    Neurological & integumentary
12. Understanding & Connecting at the end of Life, Culturally Appropriate Care

D. LEARNING OUTCOMES (General)

1. Interpret core elements of nursing practice associated with providing a holistic approach with individuals/families engaged in palliative care.
2. Identify approaches by which professional nursing can support and advance quality end-of-life and palliative care.
3. Examine selected ethical considerations common to end-of-life nursing practice and to dilemmas faced by other patients & families with life-threatening illnesses.
4. Interpret professional perspectives and resources regarding the aims, standards, and selected components of practice related to palliative care within the health care delivery system.
E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted