

# Bemidji State University

## **NRSG 2000: Introduction to Professional Nursing**

### **A. COURSE DESCRIPTION**

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Introduces concepts related to the discipline of nursing, health and health care, and the social context of the profession, including attention to rural health care. Addresses psychosocial and spiritual dimensions of nursing care, introducing therapeutic communication and socialization into nursing practice.

**B. COURSE EFFECTIVE DATES:** 08/24/2015 - Present

### **C. OUTLINE OF MAJOR CONTENT AREAS**

1. History of nursing, development of nursing as a profession, nursing scope and standards of practice as a foundational document.
2. Clarification of own and personal values as related to the nursing profession.
3. Roles of nurses and other health care disciplines
4. Social context of nursing, including attention to nursing in rural environments
5. Basic skills for supporting individuals experiencing stress, health changes
6. Dimensions of psychosocial nursing assessment, including attention to spirituality
7. Therapeutic communication skills, development of a therapeutic relationship

### **D. LEARNING OUTCOMES (General)**

1. examine the development of nursing as a discipline and as a profession, including attention to social context.
2. reflect on and clarify own personal values in relation to membership in the nursing profession.
3. examine selected current and emerging nursing role abilities within the contexts of the client, social changes, health care, and professional practice.
4. use therapeutic communication skills and an understanding of the dimensions of psychosocial care to conduct a psychosocial assessment and provide interventions that support individuals experiencing stress and/or transitions in health status.
5. demonstrate therapeutic communication skills and nursing practice approaches that support individuals experiencing stress and/or transitions in health status.

### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

### **G. SPECIAL INFORMATION**

None noted