

# Bemidji State University

## PHED 3505: Teaching Elementary Physical Education

### A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

An introduction to the developmental physical education program at the elementary school level. Components include learner characteristics, program content and organization and methods of teaching physical education. Prerequisite: PHED 3504 and entrance into the teacher education program or consent of instructor.

**B. COURSE EFFECTIVE DATES:** 08/02/2010 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. To ensure understanding and the ability to apply the skills necessary to perform varied physical activities
2. To ensure understanding of the disciplinary knowledge of physical activities and well-being,
3. A teacher of physical education must demonstrate an understanding of the teaching of physical education that integrates understanding of physical education with the understanding of pedagogy, students, learning, classroom management, and professional development.

#### **D. LEARNING OUTCOMES (General)**

1. demonstrate knowledge of the key elements of fundamental motor skills; demonstrate key elements of selected fundamental skills.
2. demonstrate knowledge of fundamental gymnastics skills through experience as a teaching assistant at a local gymnastics center.
3. satisfactorily participate in instructor guided learning activities focused on a progression of low organized games into lead up and cooperative activities that introduce skills and movement concepts
4. demonstrate knowledge of the skills and concepts taught; use appropriate teaching methods and protocols for management skills to deliver lessons to peers; and elementary students in the school setting
5. demonstrate knowledge of appropriate instructional cues and prompts for basic motor skills and physical activity and best practice teaching strategies in lesson plans and teaching
6. demonstrate the ability to write creative and flexible lesson plans
7. demonstrate knowledge of disciplinary concepts (i.e., space awareness, effort, relationships) and principles of skillful movement (i.e. skill themes of chasing, fleeing, dodging; jumping, landing; throwing, catching) and physical activity.
8. demonstrate the ability to incorporate interdisciplinary learning experiences that allow students to integrate knowledge, skills, and methods of inquiry from multiple subject areas
9. demonstrate the ability to write an elementary physical education lesson that integrates one of the following academic disciplines: math, science, social studies, language arts or health and wellness
10. demonstrate the ability to select appropriate choices for selecting and using equipment in practice teaches
11. demonstrate knowledge of safety issues to consider when planning and implementing instruction (i.e. implementation of class protocols & routines
12. demonstrate an understanding of how to connect school experiences with further educational opportunities through their experience as a teaching assistant at the Gym Bin

#### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

#### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

#### **G. SPECIAL INFORMATION**

None noted