Bemidji State University

HLTH 4100: Teaching Elementary School Health

A. COURSE DESCRIPTION
   Credits: 2
   Lecture Hours/Week: *.*
   Lab Hours/Week: *.*
   OJT Hours/Week: *.*
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None
   An integrated approach to the organization, content, goals, objectives, curriculum, methods and techniques
   of teaching health at the elementary level. Coordinating services and establishing collaboration will be
   incorporated. Elementary school state and national guidelines and mandates will be discussed. Teaching
   opportunities will be provided. Prerequisite: entrance into the teacher education program.

B. COURSE EFFECTIVE DATES: 08/02/2010 - Present

C. OUTLINE OF MAJOR CONTENT AREAS
   1. Define Health, Wellness, & Travis Arrow
   2. Define Learning & Special Activity
   3. Discuss Quality Composition
   4. Health: An Educational Concern
   5. Healthy Community-Healthy Kids
   6. MN Grad Standards
   7. National Health Standards
   8. Seven Laws of Teaching
   9. United States Department of Education Statement on Religious Expression in Public Schools

D. LEARNING OUTCOMES (General)
   1. understand the knowledge needed for providing learning experiences that encourage personal and
      community health promotion, disease prevention and safety, and proper nutritional choices.
   2. understand strategies for reducing and preventing accidents; drug, alcohol, and tobacco use; and
      high-risk situations and relationships.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted