Bemidji State University

HLTH 2800: Multicultural Health in America

A. COURSE DESCRIPTION

Credits: 2
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None

MnTC Goals: Goal 07 - Human Diversity

An examination of the health issues and problems that ethnic minority populations in America face; specifically, those faced by African Americans, Indian Americans, Hispanic Americans and Americans of Asian-Pacific Island descent, etc. Since a disproportionate number of health problems face these minority groups, this course attempts to: a) examine specific problems facing these minority population groups b) evaluate what is known and unknown about these specific problems and c) a re-evaluation and reorganization of the current health care system in America to resolve these special problems in health care delivery d) lastly, this course will explore cultural health attitudes, issues and beliefs of different population groups (elderly, adolescence, men/women, etc). Besides the health major, this course can apply to [Core Curriculum Category 7].

B. COURSE EFFECTIVE DATES: 08/16/2005 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Overview of Culture, and Health Disparity
2. Understand the historical aspects of race/ethnicity and health; Trust, Justness, Health Care, and Health Disparities
3. Justness, Health Care, Patient-Provider Relationships, and Health Disparities
5. Mental health and psycho-social stress that minorities face
6. Theoretical perspectives of racial/ethnic differences in health; Measurement of health disparity.
7. Cultural Competency; Professionalism and ethics in healthcare and human service careers.
8. Chronic disease across cultures: Self-efficacy theory and health belief model; Cross-culture communication; Barriers to health
9. Cultural Competency in Healthcare and Health Promotion; Historical trauma; Researching health disparity;
10. Hispanic/ Latino Health
11. Native American Health
12. African American Health
13. Asian/Asian Pacific Islander Health
14. Eliminating Health Disparities, Government and health Care; Imigrant health

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D. LEARNING OUTCOMES (General)
1. demonstrate knowledge and understanding of their personal bias, beliefs and cultural attitudes that influence personal health.
2. assess the influence of socioeconomic status and family systems as determinants' of health.
3. enable students to understand the influence of social, economic and cultural difference on the health our society.
4. empower students pursue cultural competence in their personal lives as well as the workplace.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   Goal 07 - Human Diversity
   1. No Competencies Indicated
   2. Understand the development of and the changing meanings of group identities in the United States' history and culture.
   3. Demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
   4. Describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.
   5. Demonstrate communication skills necessary for living and working effectively in a society with great population diversity.

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted