# **Bemidji State University**

# PHED 4200: Methods of Teaching Elementary Physical Education to Classroom Teachers

#### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Organization and conduct of the physical education program in the elementary school.

### B. COURSE EFFECTIVE DATES: 12/12/2000 - Present

#### C. OUTLINE OF MAJOR CONTENT AREAS

#### **D. LEARNING OUTCOMES (General)**

- 1. experience teaching using content appropriate for a quality elementary physical education program.
- 2. identify the ¿skills theme approach¿ for teaching elementary physical education.
- 3. learn class management techniques for the physical education environment.
- 4. understand that NASPE guidelines and benchmarks provide a framework for quality elementary physical education curriculums.
- 5. understand that elementary physical education teachers teach to the cognitive, affective and motor domains of learning.
- 6. understand the environment in which elementary developmental physical education is taught.
- 7. understand the importance of developing a pattern of and appreciation for physical activity and a healthy lifestyle at a young age.

## E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

# F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

#### G. SPECIAL INFORMATION

None noted

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