

# Bemidji State University

## PSY 2200: Human Sexuality

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: Goal 07 - Human Diversity

Physiological and psychosocial aspects of human sexual behavior with an emphasis on healthy sexual adjustment. Liberal Education Goal Area 7.

**B. COURSE EFFECTIVE DATES:** 08/25/1997 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Perspectives on Human Sexuality
2. Studying Human Sexuality
3. Female Sexual Anatomy, Physiology, and Response
4. Male Sexual Anatomy, Physiology and Response
5. The Sexual Body in Health and Illness
6. Gender and Gender Roles
7. Sexuality in Childhood and Adolescence
8. Sexuality in Adulthood
9. Love and Communication in Intimate Relationships
10. Sexual Expressions
11. Contraception and Birth Control
12. Conception, Pregnancy, and Childbirth
13. Sexually Transmitted Diseases
14. HIV and AIDS
15. Sexual Coercion: Harassment, Aggression, and Abuse

### D. LEARNING OUTCOMES (General)

1. develop an understanding of how culture, religion, history, and psychology shape our sexual experiences and behavior in relationships, communication, gender relations, marriage, and divorce,
2. broaden your understanding of alternative viewpoints of sexuality,
3. increase your appreciation of and ability to evaluate and utilize research pertaining to controversial issues in human sexuality such as sex education in schools, pornography, and homo/bisexuality,
4. gain knowledge of the biological aspects of human sexuality including sexual anatomy, the sexual response, conception, pregnancy and birth, and
5. gain a greater understanding of sexual problems such as sexually transmitted diseases, AIDS, sexual dysfunctions, and sexual abuse.
6. learn more about the healthy sexual expression of intimacy, affection, and love.

## **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

### Goal 07 - Human Diversity

1. No Competencies Indicated
2. Understand the development of and the changing meanings of group identities in the United States' history and culture.
3. Demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
4. Analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.
5. Describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.
6. Demonstrate communication skills necessary for living and working effectively in a society with great population diversity.

## **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

## **G. SPECIAL INFORMATION**

None noted