

# Bemidji State University

## PSY 1100: Introductory Psychology

### A. COURSE DESCRIPTION

Credits: 4

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: Goal 05 - Hist/Soc/Behav Sci

Introduction to the study of behavior, cognition, and emotion and general survey of psychological principles. Liberal Education Goal Area 5.

### B. COURSE EFFECTIVE DATES: 08/25/1997 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Introduction to the scientific study of human behavior and cognition
2. Major topics in psychology, approaches to gathering and evaluating evidence about the causes and correlates of behavior, construction and evaluation of psychological theories, and how psychological knowledge is, or can be, applied to the "real world."
3. Learning and Cognition
4. Abnormal Psychology
5. Lifespan Development
6. Statistics and Research Methods
7. Psychophysiology and Perception
8. Social Psychology
9. Professional Ethics
10. Research Ethics
11. Sociocultural Diversity Awareness and Appreciation

### D. LEARNING OUTCOMES (General)

1. develop an understanding of human nature. Text materials will cover the following: Biological bases of behavior, cognitive and social aspects of life-span development, sensation and perception, learning, memory and cognition, personality, individual differences, social psychology, psychological disorders, and therapies.
2. employ the methods that social and behavioral scientists use to investigate the human condition. Text materials will cover the application of scientific method to the study of human behavior and cognition.
3. use and critique alternative explanatory systems or theories of human behavior. The text will emphasize a scientific approach to understanding human behavior, but where appropriate nonscientific explanations of human behavior will be critiqued and contrasted with the scientific approach.
4. develop capacities to perform critical analyses. Text material will cover the following: Psychological research methodology and statistics as applied to the critical analysis of human behavior.
5. analyze their own behaviors, attitudes, concepts, and beliefs.

## **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

Goal 05 - Hist/Soc/Behav Sci

1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. Examine social institutions and processes across a range of historical periods and cultures.
3. Use and critique alternative explanatory systems or theories.
4. Develop and communicate alternative explanations or solutions for contemporary social issues.

## **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

## **G. SPECIAL INFORMATION**

None noted