Bemidji State University

PSY 1100: Introductory Psychology

A. COURSE DESCRIPTION

Credits: 4
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None

MnTC Goals: Goal 05 - Hist/Soc/Behav Sci

This course will provide you with a general introduction to the scientific study of human behavior and cognition. The course provides a survey of major topics in psychology, approaches to gathering and evaluating evidence about the causes and correlates of behavior, construction and evaluation of psychological theories, and how psychological knowledge is, or can be, applied to the "real world." [Core Curriculum Goal Area 5]

B. COURSE EFFECTIVE DATES: 08/25/1997 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Introduction to the scientific study of human behavior and cognition
2. Major topics in psychology, approaches to gathering and evaluating evidence about the causes and correlates of behavior, construction and evaluation of psychological theories, and how psychological knowledge is, or can be, applied to the "real world."
3. Learning and Cognition
4. Abnormal Psychology
5. Lifespan Development
6. Statistics and Research Methods
7. Psychophysiology and Perception
8. Social Psychology
9. Professional Ethics
10. Research Ethics
11. Sociocultural Diversity Awareness and Appreciation
D. LEARNING OUTCOMES (General)

1. identify basic concepts and research findings and give examples of psychology's integrative themes.
   a. Psychological science relies on empirical evidence and adapts as new data develop.
   b. Psychology explains general principles that govern behavior, while recognizing individual differences.
   c. Cultural, social, psychological, and biological factors influence mental processes and behavior.
   d. Our perceptions filter our experiences of the world through an imperfect personal lens.
   e. Applying psychological principles can change our lives in positive ways.

2. apply psychological principles to everyday life.

3. analyze and describe your own behaviors, attitudes, values, and beliefs with a general understanding of human behavior and cognition.

4. draw appropriate, logical, and objective conclusions about behavior and mental processes from empirical evidence.

5. evaluate misconceptions or erroneous behavioral claims based on evidence from psychological science.

6. Evaluate basic psychological research.

7. describe ethical principles that guide psychologists in research and therapy.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

Goal 05 - Hist/Soc/Behav Sci

1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.

2. Examine social institutions and processes across a range of historical periods and cultures.

3. Use and critique alternative explanatory systems or theories.

4. Develop and communicate alternative explanations or solutions for contemporary social issues.

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted