Bemidji State University

PHED 3750: Soccer Coaching

A. COURSE DESCRIPTION
   Credits: 2
   Lecture Hours/Week: *.*
   Lab Hours/Week: *.*
   OJT Hours/Week: *.*
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None
   Organization and preparation for interscholastic competition. Emphasis will be on teaching specific soccer
   skills, individual player structures, practice preparation, and management. Strategies, conditioning and
   psychology of coaching issues will be examined. (May not be offered every year.)

B. COURSE EFFECTIVE DATES: 08/22/1997 - Present

C. OUTLINE OF MAJOR CONTENT AREAS
   1. Coaching philosophies relating to the coaching of soccer
   2. Coaching practices and tactics rooted in philosophy
   3. Practical training methods dealing with technical, tactical, physical, and mental development
   4. Coach player relationship in soccer

D. LEARNING OUTCOMES (General)
   1. Develop a philosophy of coaching in soccer that is applicable into today's society.
   2. Develop an understanding of the surrounding dynamics involved with coaching at the club and high
      school level.
   3. Develop specific tactical attacking and defending philosophies and understand/defend how they
      relate to player personnel.
   4. Develop and understanding of systems of play and how they relate to player personnel.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted